



## Day Service Class Catalog: April 8<sup>th</sup> – May 31<sup>st</sup>

	<u><i>Monday</i></u>		<u><i>Tuesday</i></u>		<u><i>Wednesday</i></u>		<u><i>Thursday</i></u>		<u><i>Friday</i></u>	
<b>9-9:45</b>	<b>MNF Round Up</b>		<b>MNF Round Up</b>		<b>MNF Round Up</b>		<b>MNF Round Up</b>		<b>MNF Round Up</b>	
<b>10-10:45</b>	GTC	Trail Walk	Animal Visits	GTC	Animal Visits/Grooming 101	Ceramics	GTC	Community Involvement	Zumba per Scott	GTC
<b>11:11:45</b>	Outdoor Art Studio	GTC	Picnic in the Park	Picnic in the Park	GTC	Music Therapy	Music Therapy	Community Involvement	GTC	Zumba per Scott
<b>12-1</b>	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>1:00-2:00</b>	Trail Walk	Animals Visits/Grooming 101	Picnic in the Park	Picnic in the Park	Ceramics	Golf Carts	Golf Carts	Community Involvement	Trail Walk	Trail Walk
<b>2:00-2:45</b>	<b>MNF Move 'em Out</b>		<b>MNF Move 'em Out</b>		<b>MNF Move 'em Out</b>		<b>MNF Move 'em Out</b>		<b>MNF Move 'em Out</b>	

Learn more about CLO's Midnight Farm at [www.midnight-farm.org](http://www.midnight-farm.org)

Please submit all questions and registrations to: [laurawilliams@clokan.org](mailto:laurawilliams@clokan.org) or call 785-979-1889 at any time.  
Please feel free if you have any questions, comments or suggestions just ask!  
We would be glad to accommodate!

### **Picnic in the Park!**

Join us every Tuesday as we go out in the community and enjoy a picnic in the Park! Please bring a lunch that does not need heated up. We will be visiting different areas around the Baldwin, Eudora and Lawrence communities!

### **Trail Walk**

Join us twice a week as we walk about the farm and get some much needed sun and exercise! We will warm up with some good stretches and then make our way around the farm!

### **(GTC) Green Thumb Club**

The Green house needs us to get it ready for the spring! We will be working on basic skills of planting, potting, watering, and watching plants grow. We are officially planting in the garden!

### **Animal Visits/Grooming 101**

Our Funny, Furry, and Friendly pals need your attention! Learn the basic skills of grooming all of our furry friends! Come visit us!

### **Golf Carts**

Learn the basics of driving in our golf carts! Learn to pass our “driving course” and go for a leisurely ride at the farm. For those who would rather have a chauffeur, enjoy a ride and relax.

### **Ceramics**

Learn the basics of ceramics in our Pottery Barn. We will hand build pinch and coil pots, learn all about the different stages of firing the kilns, glazing our finished products. We are also practicing using the slip to create beautiful pieces of pottery!

### **Music Therapy**

Learn the basics of drumming, the ukulele, games to get you shaking, pass the beat, and more! Each week we will practice using and learning the different kinds of instruments we have!

### **Outdoor Art Studio**

Each week we will work on an ongoing art studio project! Look out for oil and pastel paintings, wire art, wood carving projects, lamp shade art, selfies & more!

### **Zumba!**

Join us every Friday morning as we dance into the weekend with Zumba! It will be held in the main lodge area lead by Laura - so get ready to move!

### **Community**

Being a part of the community is so important to us! We will be starting our day by delivering the helping hands projects to the Cedar Creek office as well as the City Building in downtown Lawrence! Then we will spend the morning at the East Lawrence Rec Center to partake in physical activity. Then we will have lunch in the community and then follow up with visiting the different museums and attractions around the Lawrence, Eudora and Baldwin areas!

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