

## Physician's Statement

***This form must be completed and signed by a health care professional and updated annually:***

The following conditions, if present, may represent **precautions or contraindications** to therapeutic horseback riding. Therefore, please note if any of these conditions are present, and to what degree.

**Please be as specific as possible so that we may best serve the participant's needs.**

(Circle conditions that are present and add specifics below.)

**Participant:** \_\_\_\_\_

**Date of birth** \_\_\_\_\_ **Height** \_\_\_\_\_ **Weight** \_\_\_\_\_

**Primary diagnosis:** \_\_\_\_\_

**Orthopedic**

Spinal Fusion  
Spinal Instabilities/Abnormalities  
Atlantoaxial instabilities  
Scoliosis (>30, riding is contraindicated)  
Kyphosis  
Lordosis  
Hip Subluxation and Dislocation  
Osteoporosis

**Medical**

Allergies  
Cancer  
Poor endurance  
Recent surgery  
Diabetes  
Peripheral Vascular Disease  
Varicose Veins  
Hemophilia

**Neurologic**

Hydrocephalus/shunt  
Tethered Cord  
Chiari II Malformation  
Hydromyelia  
Paralysis due to spinal cord injury  
Seizure Disorders

**Secondary Concerns**

Pathologic Fractures  
Coxs Arthrosis  
Heterotopic Ossification  
Osteogenesis Imperfecta  
Cranial Deficits  
Spinal Orthoses  
Internal Spinal Stabilization Devices

Hypertension  
Serious Heart Condition  
Stroke (Cerebrovascular Accident)

Behavior Problems  
Age under two years  
Age two – four years  
Acute exacerbation of chronic disorder  
Indwelling catheter

Other Condition(s) not listed above: \_\_\_\_\_

Please indicate specifics related to any existing health conditions, including degree of conditions such as scoliosis and osteoporosis, type of behavior problems, recent surgeries, type of seizures etc:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### For participants with Down Syndrome

**Please note:**

Due to the nature of equine activities, including horseback riding, participants with Down syndrome must have an annual medical clearance from a licensed physician that includes a neurologic exam that specifically denies any symptoms consistent with atlantoaxial instability (AAI).

Please provide the following information:

a) Annual neurologic exam for AAI: [  ]Negative ... Date of Exam \_\_\_\_\_

Does the participant have a health concern or surgeries in any of the following areas? If yes, please explain:

Auditory \_\_\_\_\_

Visual \_\_\_\_\_

Speech \_\_\_\_\_

Cardiac \_\_\_\_\_

Circulatory \_\_\_\_\_

Pulmonary \_\_\_\_\_

Neurological \_\_\_\_\_

Muscular \_\_\_\_\_

Orthopedic \_\_\_\_\_

Allergies \_\_\_\_\_

Learning Disabilities \_\_\_\_\_

Mental or Psychological Impairment \_\_\_\_\_

Other: \_\_\_\_\_

Please describe any concerns or special medical or physical precautions or adaptations needed:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HEALTH CARE PROVIDER'S STATEMENT**

*(Signature Required)*

To the best of my knowledge, there is no reason why this person cannot participate in supervised equestrian activities, including horseback riding. However, I understand that the staff at Midnight Farm will consider the medical information I have provided to determine their ability to meet the individual's existing health conditions, precautions and requirements.

**Health Care Provider** \_\_\_\_\_ **Title** \_\_\_\_\_

**Office Address:** \_\_\_\_\_ **Phone:( )** \_\_\_\_\_

**REQUIRED:**

**Health Care Provider Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

# EMERGENCY MEDICAL TREATMENT

(This form must be updated annually)

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Participant's Diagnosis: \_\_\_\_\_

Describe any medical conditions requiring special consideration, including allergies or seizures, and current medications and dosage:

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

PREFERRED Medical Facility: \_\_\_\_\_

### Emergency Contact Information:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Preferred Phone: (\_\_\_\_) \_\_\_\_\_ Alternate Phone: (\_\_\_\_) \_\_\_\_\_

The following person has temporary authorization to make medical decisions if Primary Emergency Contact cannot be reached:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Preferred Phone: (\_\_\_\_) \_\_\_\_\_ Alternate Phone: (\_\_\_\_) \_\_\_\_\_

In case of medical emergency, the undersigned authorizes Midnight Farm to provide such medical assistance as they determine to be necessary, including the release of above named person's records. If the person named above is under 18 years of age, the undersigned authorizes Midnight Farm, acting through the adult on its staff who has actual care, control and possession of the person to consent to medical, dental, and surgical treatment of the person when the above named emergency contacts cannot be reached. The undersigned represents to Midnight Farm that he or she is over 18 years of age or parent/legal guardian and either is not divorced from the other parent, or is divorced from the other parent, but has been authorized by a written court order to give consent to medical and dental care and surgical treatment of the above name person. The undersigned will indemnify and hold Midnight Farm, its officers, members, employees and agents harmless if he or she is not empowered by law to give this consent.

The undersigned authorizes any licensed physician and/or medical facility to provide any medical/surgical care and/or hospitalization for the above named person, including anesthesia, which they determine necessary or advisable, pending receipt of a special consent form from the undersigned.

Please choose **ONLY ONE** of the following options, do not sign both:

       **I CONSENT** to the above stated emergency medical procedures:

\_\_\_\_\_  
Signature of Adult Participant or Parent/Guardian if under 18 or has a guardian

\_\_\_\_\_  
Date:

\_\_\_\_\_  
Insurance Carrier

\_\_\_\_\_  
Policy Number

       **I DO NOT CONSENT** to above emergency medical procedures and would like the following procedures to take place in the event of a medical emergency:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of Adult Participant or Parent/Guardian if under 18 or has a guardian

\_\_\_\_\_  
Date: