

Midnight Farm Day Service Class Schedule: January 1st-31th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Green Thumb Club Exercise Helping Hands</p> <p>Animal Visit Basketball Craft: Melting Felt Snowmen</p>	<p>4</p> <p>Game Time: Disney Trivia Exercise Ceramics: Snow Globe People Yoga Game Time: Disney Trivia</p> <p>Ceramics: Snow Globe People Yoga Game Time: Disney Trivia</p>	<p>5</p> <p>Green Thumb Club Exercise Golf Carts</p> <p>Golf Carts Marathon Club Game Time: Uno</p>	<p>6</p> <p>Craft: Paper Gnomes Cooking Class: Shortbread Karaoke Kickball</p> <p>Cooking Class: Shortbread Karaoke Kickball</p>	<p>7</p> <p>Green Thumb Club Exercise Craft: Sock Snowmen</p> <p>Animal Visit Marathon Club Movie: Group Choice</p>
<p>10</p> <p>Green Thumb Club Exercise Helping Hands</p> <p>Animal Visits Game Time Craft: Paper Animals</p>	<p>11</p> <p>Ceramics: Glaze Snow Globe People Exercise Morse Code: Learn your name!</p> <p>Karaoke Basketball Ceramics: Glaze Snow Globe People</p>	<p>12</p> <p>Green Thumb Club Exercise Animal Visit</p> <p>Golf Carts Marathon Club Movie: Group Choice</p>	<p>13</p> <p>Golf Carts Cooking Class: Peach Melba Melba Exercise Kickball</p> <p>Cooking Class: Peach Melba Golf Carts Kickball</p>	<p>14</p> <p>Green Thumb Club Exercise Craft: Snowpeople Clothes Pins</p> <p>Animal Visits Marathon Club Game Time: Uno</p>
<p>17</p> <p>Green Thumb Club Exercise Helping Hands</p> <p>Animal Visits Basketball Craft: Martin Luther King Jr. Activities/ February Ideas</p>	<p>18</p> <p>Craft: Mason Jar Snow Globes Exercise Movie: Group Choice</p> <p>Karaoke Soccer Game Time: Clue</p>	<p>19</p> <p>Green Thumb Club Exercise Golf Carts</p> <p>Golf Carts Marathon Club Animal Visits</p>	<p>20</p> <p>Ceramics: Clay Plants Cooking Class: Charcuterie Boards Ceramics: Pinch Pot Turtles Kickball</p> <p>Cooking Class: Charcuterie Boards Ceramics: Pinch Pot Turtles Kickball</p>	<p>21</p> <p>Green Thumb Club Exercise Craft: Make Snow!</p> <p>Animal Visits Marathon Club Game Time: Board Games</p>
<p>24</p> <p>Green Thumb Club Exercise Movie: Group Choice</p> <p>Animal Visits Frisbee Craft: Stick Reindeer</p>	<p>25</p> <p>Helping Hands Ceramics: Glaze Plants Exercise</p> <p>Ceramics: Glaze Pinch Pot Turtle Karaoke Marathon Club</p>	<p>26</p> <p style="text-align: center;"> </p>	<p>27</p> <p>Golf Carts Lunch Bunch: Loaded Potato Soup Exercise</p> <p>Lunch Bunch: Loaded Potato Soup Golf Carts Helping Hands</p>	<p>28</p> <p>Music Therapy Exercise Craft: Kansas Day</p> <p>Green Thumb Club Marathon Club Animal Visit</p>
<p>31</p> <p>Green Thumb Club Exercise Helping Hands</p> <p>Animal Visits Kickball Craft: Skating Rink</p>	<p>Want to Join a Class or Visit?</p> <p>Email elaineparkinson@mygoodlife.org or abigailrichardson@mygoodlife.org</p> <p>or Call Midnight Farm @ (785) 979-1889</p>			

Midnight Farm Day Service Class Descriptions

- **Animal Visits**

- Interact and care for the Midnight Farm animals.

- **Exercise Class**

- Get moving and be active! Possible options include: walking, running or biking around the track, stretching, aerobics, dancing to music, sports, and more!

- **Green Thumb Club**

- Participate in growing yummy food and raising beautiful flowers and a wide variety of plants in the greenhouse.

- **Golf Carts**

- Drive the golf carts around the property. Enjoy being behind the wheel and practicing driving!

- **Helping Hands**

- Work together and build life skills.

- **Lunch Bunch Cooking!**

- Midnight Farm works together to create a meal for everyone to share! Lunch will be provided so there is no need to bring lunch on these days.

- **Cooking Class**

- Measuring and following a recipe are great life skills to practice!

- **Game Time**

- Have fun and play games while building healthy social skills with peers.

- **Karaoke**

- MMF loves music and we often sing a variety of our favorite songs!

- **Ceramics**

- Build ceramics by molding clay and firing it in the kiln then add color by glazing it.

- **Crafting**

- Create masterpieces to take home!

- **Movies**

- We like to wind down and watch some of our favorite films together.