



Day Service Class Catalog: April 1st– 30th

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Outdoor Fun Exercise or Tree Care Animal Visits	Green Thumb Club : Flower Bed Prep Exercise or Tree Care Easter Prep:Hard Boiling Eggs
				Green Thumb Club: Flower Bed Prep Exercise or Basketball Easter Egg Hunt and Egg Dyeing
				Animal Visits Exercise or Basketball Easter Egg Hunt and Egg Dyeing
			8	9
Green Thumb Club Exercise or Trail Walk Painting Watercolor Eggs	Outdoor Fun Exercise or Trail Walk Animal Visits	Lunch Bunch: Chicken Wraps and Sweet Potato Fries Ceramics: 3D eggs Outdoor Fun	Ceramics: 3D Eggs Lunch Bunch: Chicken Wraps and Sweet Potato Fries Outdoor Fun	Outdoor Fun Exercise or yoga Animal Visits
			Green Thumb Club Exercise or Yoga Painting Watercolor Eggs	Music - Karaoke Practice Exercise or Tree Care Golf Carts
				Golf Carts Exercise or Tree Care Animal Visits
				Outdoor Fun Exercise or Trail Walk Animal Visits
				Green Thumb Club Exercise or Trail Walk Music - Karaoke Practice
			15	16
Spring Flower Wreath Exercise or Basketball Golf Carts	Golf Carts Exercise or Basketball Spring Flower Wreath	Green Thumb Club Exercise or Frisbee Toss Animal Visits	Outdoor Fun Exercise or Frisbee Toss Music- Karaoke Practice	Outdoor Fun Exercise or Tree Care Music- Karaoke Practice
			Green Thumb Club Exercise or Tree Care Animal Visits	Cooking: Healthy Snack: Mini Eggplant Pizza Ceramics- Glaze Eggs Outdoor Fun
				Ceramics- Glaze Eggs Cooking: Healthy Snack: Mini Eggplant Pizza Outdoor Fun
				Green Thumb Club Exercise or Yoga Movie: Rava and the Last Dragon
				Outdoor Fun Exercise or Yoga Movie: Group's Choice
			22	23
Green Thumb Club Exercise or Trail Walk Button Rainbow Craft	Outdoor Fun Exercise or Trail Walk Animal Visits	Music: Karaoke Practice Exercise or Tree Care Golf Carts	Golf Carts Exercise or Tree Care Button Rainbow Craft	Animal Visits Exercise or Trail Walk Outdoor Fun
			Outing: Starbucks and Bowling	Ceramics- Flower Prints Lunch Bunch Cooking! Stir Fry Outdoor Fun
				Lunch Bunch Cooking! Stir Fry Music - Karaoke Practice Green Thumb Club
				Animal Visits Exercise or Kickball Outdoor Fun
				Ceramics- Flower Prints Exercise or Kickball Green Thumb Club
			29	30
Spring Painting Exercise or Basketball Golf Carts	Golf Carts Exercise or Basketball Animal Visits	Green Thumb Club Exercise or Parachute Animal Visits	Outdoor Fun Exercise or Parachute Spring Painting	Green Thumb Club Exercise or Tree Care Movie: Beauty and the Beast
			Green Thumb Club Exercise or Tree Care Movie: Group's Choice	Outdoor Fun Exercise or Tree Care Movie: Group's Choice
				Ceramics- Glaze Flowers Cooking: Healthy Snack- Cucumber Sandwich Bites Outdoor Fun
				Cooking: Healthy Snack--Cucumber Sandwich Bites Ceramics- Glaze Flowers Outdoor Fun
				Green Thumb Club Exercise or Yoga Karaoke Performances on Stage!
				Outdoor Fun Exercise or Yoga Karaoke Performances on Stage!

Questions? Email kimberlygray@mygoodlife.org or Call Midnight Farm @ (785) 979-1889

Day Service Class Descriptions

Animal Visits

Come interact and care for the Midnight Farm animals.

Exercise Class

Get moving and be active! Possible options include: walking, running or biking around the track, stretching, aerobics, dancing to music and more!

Green Thumb Club

Participate in growing yummy food in the garden beds, raising beautiful flowers and a wide variety of plants in the greenhouse.

Golf Carts

Drive the 5 golf carts in the arena and around the property. Enjoy being behind the wheel and practicing driving skills!

Outdoor Fun!

Spring means nice weather and being able to enjoy being outside! Outdoor fun will include: chalk, bubbles, basketball and more!

Lunch Bunch Cooking!

Midnight farm works together to create a meal for everyone to share! Lunch will be provided so there is no need to bring lunch on these days.

Healthy Snack

Having a healthy lifestyle is important and that starts with fuel for the body! Measuring and following a recipe are great life skills to practice!

Ceramics

Build ceramics by molding clay and firing it in the kiln then add color by glazing it. This month, MNF will have already made mugs to decorate with fun St. Patrick Day designs.

Karaoke!

MNF will be practicing our Karaoke skills and then on April 30th we will perform on stage for RISE and SEK!

Spring Activities

Crafts and activities that celebrate that spring is here!

Easter

This month Midnight Farm will be doing an Easter egg hunt, painting and dyeing eggs and more!

This month's outing will be to Starbucks in Lawrence and Bowling! Each person will order and enjoy something off the menu at Starbucks. Then we will bowl at Royal Crest Lanes! We are having a friendly bowling competition with the other day services. Both places are safe and follow all COVID protocols.