


# Midnight Farm Day Service Activity Schedule: August 1st - 31st

Monday	Tuesday	Wednesday	Thursday	Friday
1 ~ Green Thumb Club ~ Exercise ~ Scrapbook Club ~ Drum Circle ~ Cornhole ~ Craft: Free Paint	2 ~ Exercise ~ Golf Carts ~ DIY: Shrinky Dinks ~ Kickball ~ DIY: Shrinky Dinks ~ Golf Carts	3 ~ Ceramics: Pendants ~ Lunch ~ Bunch: Pizza Party ~ Ceramics: Glaze Imprints ~ Exercise ~ Lunch ~ Bunch: Pizza Party ~ Ceramics: Glaze Imprints ~ Yoga	4 ~ Exercise ~ Green Thumb Club ~ Craft: Colorful Caterpillars ~ Frisbee ~ Group Choice ~ Movie	5 ~ Animal Visit ~ Craft: Watermelon Paper Fan ~ Games ~ Trail Walk ~ BINGO ~ Water Fun!
8 ~ Green Thumb Club ~ Exercise ~ Scrapbook Club ~ DIY: Window Paint ~ Basketball ~ Craft: Shell Animals	9 ~ Ceramics: Ice Cream Cones ~ Cooking: Pancake Bites ~ Exercise ~ Cooking: Pancake Bites ~ Exercise	10 ~ Exercise ~ Dairy Queen ~ Craft: Paper Fish ~ Dairy Queen ~ Helping Hands ~ Movie	11 ~ Exercise ~ Golf Carts ~ Karaoke ~ Soccer ~ Karaoke ~ Golf Carts	12 ~ Animal Visit ~ Craft: Beach Bags ~ Games ~ Trail Walk ~ BINGO ~ Water Fun!
15 ~ Green Thumb Club ~ Exercise ~ Scrapbook Club ~ Drum Circle ~ Yoga ~ Craft: Straw Shooters	16 ~ Exercise ~ Golf Carts ~ DIY: Jewelry Holder ~ Pickleball ~ DIY: Jewelry Holder ~ Golf Carts	17 ~ Exercise ~ Zeb's Coffee ~ Craft: Nature Binoculars ~ Zeb's Coffee ~ Helping Hands ~ Movie	18 ~ Ceramics: Name Plates ~ Cooking: Marshmallow Octopus ~ Exercise ~ Ceramics: Glaze Cones ~ Football	19 ~ Animal Visit ~ Craft: Shark Boxes ~ Games ~ Trail Walk ~ BINGO ~ Water Fun!
22 ~ Green Thumb Club ~ Exercise ~ Scrapbook Club ~ DIY: Summer Snocones ~ Kickball ~ Craft: Free Paint	23 ~ Ceramics: Cutouts ~ Cooking: Pretzel Flowers ~ Exercise ~ Cooking: Pretzel Flowers ~ Exercise	24 ~ Exercise ~ East Lawrence Rec. Center ~ Craft: Sand Bottles ~ East Lawrence Rec. Center ~ Helping Hands ~ Movie	25 ~ Exercise ~ Golf Carts 	26 ~ Animal Visit ~ Craft: Shaving Cream Art ~ Games ~ Trail Walk ~ BINGO ~ Water Fun!
29 ~ Green Thumb Club ~ Exercise ~ Scrapbook Club ~ Drum Circle ~ Volleyball ~ Craft: Door Wreaths	30 ~ Exercise ~ Golf Carts ~ DIY: Birdfeeder ~ Kickball ~ DIY: Birdfeeder ~ Golf Carts	31 ~ Royal Crest Lanes ~ Exercise ~ Craft: 3D Ladybugs ~ Royal Crest Lanes ~ Helping Hands ~ Movie	Want to join a class or visit? Email <a href="mailto:elaineparkinson@mygoodlife.org">elaineparkinson@mygoodlife.org</a> or <a href="mailto:abigailrichardson@mygoodlife.org">abigailrichardson@mygoodlife.org</a> or Call Midnight Farm @ (785) 979-1889	

# Midnight Farm Day Service Activity Descriptions

Animal Visit: Interact with and care for the Midnight Farm animals.

Ceramics: Build ceramics by molding clay and firing it in the kiln, then add color by glazing it.

Cooking Class: Measuring and following a recipe are great life skills to practice!

Crafting: Show off your artistic skill and create masterpieces!

**Do It Yourself: Get creative and make something fun to take home!**

Drum Circle: Everyone will pick a drum or maraca and rock out to some music!

Exercise: Get moving and be active! Possible options include: walking, running or biking around the track, walking the trail, stretching, aerobics, dancing to music, sports, and more!

Game Time: Have fun and play games while building healthy social skills with peers.

Golf Carts: Drive the golf carts around the property. Enjoy being behind the wheel and practicing road safety!

Green Thumb Club: Participate in growing yummy food and raising beautiful flowers and a wide variety of plants in the greenhouse.

**Group Choice: Decide as a group what activity to do. Choose from any classes on the calendar or come up with something of your own!**

Helping Hands: Work together to complete tasks and build teamwork skills.

Karaoke: MNF loves music and we often sing a multitude of our favorite songs!

Lunch Bunch Cooking: Midnight Farm works together to create a meal for everyone to share! Lunch will be provided so there is no need to bring lunch on these days.

Movies: Once a week we like to wind down and watch some of our favorite films together.

**Scrapbook Club: Take photos of yourself, your friends, or cool things around Midnight Farm and turn them into collages!**

Water Fun: Bring your swimsuit and a towel for some water fun! We'll play with the water slide, wading pools, water guns, sprinklers, and much more! If the weather tries to stop us, we will keep the fun going by doing cool water activities indoors.

**BINGO: Midnight Farm will play bingo every Friday for chances to win fun prizes.**