

Midnight Farm Day Service Activity Schedule: March 1st - 31st

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Want to join a class or visit? Email Kaylee Clark: kayleeclark@mygoodlife.org , Abigail Richardson: abigailrichardson@mygoodlife.org or call Midnight Farm @ (785) 979-1889 to RSVP. <i>*Please be advised that activities are subject to change*</i></p>		<p>1 ~ Exercise ~ Beaded Shamrocks ~ Scrapbook Club</p>	<p>~ Exercise ~ Animal Visit/Animal Class with BIG Horses ~ Games</p>	<p>2 ~ Karaoke ~ Kitchen Class: Leprechaun Bait ~ Karaoke ~ Helping Hands</p>	<p>3 ~ Exercise ~ DIY: Bath Salts ~ BINGO</p> <p>~ Animal Visit/Games ~ Rainbow Chain Pot o' Gold ~ Group Choice</p>
<p>6 ~ Exercise ~ Paper Plate Leprechaun ~ Animal Visit / Golf Carts</p> <p>~ Group Choice ~ Ceramics/ Golf Carts ~ Green Thumb Club</p>	<p>7 ~ Exercise ~ Copycat Starbucks Pink Drink ~ Exercise ~ Movie</p> <p>~ Copycat Starbucks Pink Drink ~ Exercise ~ Drum Circle in Arena</p>	<p>8 ~ All Group Outing: Bowling ~ Rainbow Windsock ~ Scrapbook Club</p>	<p>~ All Group Outing: Bowling ~ Animal Visit ~ Games</p>	<p>9 ~ Exercise ~ Kitchen Class: Pesto Shamrocks ~ Exercise MAD SCIENCE EVENT!</p> <p>~ Kitchen Class: Pesto Shamrocks ~ Exercise MAD SCIENCE EVENT!</p>	<p>10 ~ Exercise ~ DIY: Linen Spray ~ BINGO</p> <p>~ Animal Visit/Games ~ Shamrock Man ~ Group Choice</p>
<p>13 ~ Exercise ~ Pot of Gold Plate ~ Animal Visit / Golf Carts</p> <p>~ Group Choice ~ Ceramics/ Golf Carts ~ Green Thumb Club</p>	<p>14 ~ Copycat Orange Julius ~ Exercise ~ Movie</p> <p>~ Exercise ~ Copycat Orange Julius ~ Drum Circle in Arena</p>	<p>15 ~ Exercise ~ Leprechaun Plate Mask ~ Scrapbook Club</p>	<p>~ Exercise ~ Animal Visit ~ Games</p>	<p>16 ~ Lunch Bunch: Pasta Bake, Garlic Bread & Salad ~ Karaoke ~ Exercise</p> <p>~ Karaoke ~ Lunch Bunch: Pasta Bake, Garlic Bread & Salad ~ Helping Hands</p>	<p>17 ~ Exercise ~ DIY: Potpourri ~ St. Patrick's Day Party</p> <p>~ Animal Visit/Games ~ Helping Hands ~ PARADE in Lawrence</p>
<p>20 ~ Exercise ~ Spoon Spring Flowers ~ Animal Visit / Golf Carts</p> <p>~ Group Choice ~ Ceramics/ Golf Carts ~ Green Thumb Club</p>	<p>21 Pajama Day! ~ Exercise ~ Copycat Shirley Temple ~ Exercise ~ Movie</p> <p>Pajama Day! ~ Copycat Shirley Temple ~ Exercise ~ Drum Circle in Arena</p>	<p>22 ~ Exercise ~ All Group Outing: Zebs ~ Personalized Garden Pots</p>	<p>~ All Group Outing: Zebs ~ Exercise ~ Scrapbook Club</p>	<p>23 ~ Karaoke ~ Kitchen Class: Shortbread Sheep Cookies ~ Karaoke ~ Music Therapy</p> <p>~ Kitchen Class: Shortbread Sheep Cookies ~ Karaoke ~ Helping Hands</p>	<p>24 ~ Exercise ~ DIY: Spring Soap ~ BINGO</p> <p>~ Animal Visit/Games ~ Spring Flower Suncatchers ~ Group Choice</p>
<p>27 ~ Exercise ~ Pinwheels ~ Animal Visit / Golf Carts</p> <p>~ Group Choice ~ Ceramics/ Golf Carts ~ Green Thumb Club</p>	<p>28 ~ Exercise ~ Copycat Jamocha Shake ~ Exercise ~ Movie</p> <p>~ Copycat Jamocha Shake ~ Exercise ~ Drum Circle in Arena</p>	<p>29 ~ Exercise ~ Spring Umbrellas ~ Scrapbook Club</p>	<p>~ Exercise ~ Animal Visit ~ Games</p>	<p>30 ~ Karaoke ~ Kitchen Class: Air Fryer Smores ~ Karaoke ~ Helping Hands</p> <p>~ Kitchen Class: Air Fryer Smores ~ Karaoke ~ Helping Hands</p>	<p>31 ~ Exercise ~ DIY: Lip Oil ~ BINGO</p> <p>~ Animal Visit/Games ~ Hanging Flowers ~ Group Choice</p>

Midnight Farm Day Service Activity Descriptions

Animal Visit: Interact with and care for the Midnight Farm animals.

BINGO: Midnight Farm will play bingo every Friday for chances to win fun prizes.

Ceramics: Build ceramics by molding clay and firing it in the kiln, then add color by glazing it.

Community Service: Midnight Farm will get involved and give back to the community!

Crafting: Show off your artistic skill and create masterpieces!

Do It Yourself: Get creative and make something fun to take home!

Drum Circle: Everyone will pick a drum or maraca and rock out to some music!

Exercise: Get moving and be active! Possible options include: walking, running or biking around the track, walking the trail, stretching, aerobics, dancing to music, sports, and more!

Games: Have fun and play games while building healthy social skills with peers.

Golf Carts: Drive the golf carts around the property. Enjoy being behind the wheel and practicing road safety!

Green Thumb Club: Participate in growing yummy food and raising beautiful flowers and a wide variety of plants in the greenhouse.

Group Choice: Decide as a group what activity to do. Choose from any classes on the calendar or come up with something of your own!

Helping Hands: Work together to complete tasks and build teamwork skills.

Karaoke: MNF loves music and we often sing a multitude of our favorite songs!

Kitchen Class: Measuring and following a recipe are great life skills to practice!

Lunch Bunch Cooking: Midnight Farm works together to create a meal for everyone to share! Lunch will be provided so there is no need to bring lunch on these days.

Copycat drink class: Help make a popular drink from your favorite restaurants and learn how to read a recipe!

Movies: Once a week we like to wind down and watch some of our favorite films together.

Science Projects: MNF Staff will help conduct new experiments to learn about the amazing world around us!

Scrapbook Club: Take photos of yourself, your friends, or cool things around Midnight Farm and turn them into collages!

Music Therapy: Using music to accomplish goals such as stress reduction, mood improvement, self-expression and more!